

History of this course, and how to take this course!

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Instructor, Present Moment Program: Assessment of Posture and Musculoskeletal Balance Course, Mod. 1

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NCBTMB Approved Provider #1122.

<https://healinglight.info>



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Name: Present Moment Program: Assessment of Posture and Musculoskeletal Balance Course, Mod. 1.

Project Landmark Dates: **1952;** my life began. **1959** I met and studied with Master Violinist Viljo Hillend, Western Classical Music on the violin. **1971;** I met and studied with Wen Chi Huang, Ta'i Chi Ch'uan and Shaolin Master from China. Pre-Med Studies started in **1977**. **June 1978;** I met and studied with Sri Dadaji, Amiya Roy Chowdhury, Yoga Master from India. **Jan. 1993;** I traveled to India to study Indian Classical Music, Voice and Bansuri with master teachers, including Pandit Malhar Kulkarni. The idea for the Present Moment Program became clear on this trip. Started working intensively on this project in **Dec. 2014**. Filming began in **Jan. 2015**.

Purpose: This Course is under the umbrella of my Present Moment Program. Being in the present moment will improve perception and memory skills.

This is a Continuing Education Course for Licensed Massage Therapists, Bodyworkers, and other Health Care Professionals.



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Continuing Education Hours will be awarded to Health Care Professionals who need these CE Hours to renew their Licenses. Health Care Professionals include: Medical Doctors, Osteopaths, Chiropractors, Nurses, Physical Therapists, Physios, LMTs, Bodyworkers, Yoga Teachers, and others. **Certificates of Completion with CE hours will be issued for each lesson, stage, and for the entire course.**

CE Category of this Course: Science.

Concepts. Awareness, Alignment, Balance, and Movement, leading to Power of Performance, Supreme Wellness. Perception from accurate observation leads to accurate memory, applying lessons to improve posture and musculoskeletal balance, efficiency of movement of the body, and to successfully maintain this state.

By the numbers: Entire Course: **60 CE Hours. 3 Stages, 15 lessons, and the Library,** ranging from **one hour each to 6.5 hours** each. Approximately 280,000+ written words, 52+ hours of video, 421 multiple choice questions, 90% score required to pass each lesson, **14 Learning Objectives, many Learning Outcomes, unique to each lesson.** All lessons will be translated into every language on Earth available for translation, **as all videos and all lessons are fully transcribed.** People working on the course since December 2014: myself, with one camera operator/transcriber, and six models. Total: **8.**



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How to take this course.

Important: Study of included files, videos and video transcripts is required for all lessons. There is a quiz after each lesson. You are required to have a 90% or higher passing score to pass each quiz. You can take the quiz as many times as you want to, just reset it to take it again. Estimated time to complete each lesson is shown.

A description of the **structure of each lesson** is shown at the top of the lesson page; then **Lesson Media links** for downloading files; next is the **quiz button**, and next are the **streaming videos**. The **Lesson Media** and **Quiz button** are also shown at the bottom of the lesson page.

All of the information you need is in the lesson text, the figures, the videos, and downloadable files are provided to assist you on your learning journey.

A Certificate of Completion will be issued upon successful completion of each Lesson, each Stage, and the entire Course. Each Lesson and each Stage can be purchased separately as a separate Course, with a Certificate of Completion issued upon successful completion of each Lesson and Stage.



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Structure of the Course: 3 Stages, 15 Lessons, and the Library. Access to the Library is included with every Lesson, and with every Stage. The Library has 38+ hours of video content, 163,000+ written words, and many useful resources. The content in the Library is required for all lessons in Stage 3. You are free to take any lesson in any order. However, it is strongly suggested that you take the Lessons in the order they are presented. A Certificate of Completion will be issued for each Lesson completed, each Stage completed, and for the entire Course. The entire Course has 60 CE Hours.

Stage 1. Theory. 6 CE Hours.	Stage 2. Method. 15 CE Hours.	Stage 3. Data. 39 CE Hours.
Lesson 1: 1 CE Hour.	Lesson 5: 3 CE Hours.	Lesson 10: 6.5 CE Hours
Lesson 2: 1 CE Hour.	Lesson 6: 3 CE Hours.	Lesson 11: 6.5 CE Hours.
Lesson 3: 2 CE Hours.	Lesson 7: 3 CE Hours.	Lesson 12: 6.5 CE Hours.
Lesson 4: 2 CE Hours.	Lesson 8: 3 CE Hours.	Lesson 13: 6.5 CE Hours.
	Lesson 9: 3 CE Hours.	Lesson 14: 6.5 CE Hours.
		Lesson 15: 6.5 CE Hours.
Access to the Library is included.	Access to the Library is included.	Access to the Library is included, and required .

