

## Healing Light Yoga and Massage Price List, Studio Policy, and Waiver

Steve Davis, RYT, LMT, BCTMB, Healing Light Yoga and Massage, *By Appointment Only.*  
 Phone (503) 724-2755 Fax (503) 200-1276, 4036 NE Sandy Blvd., Suite 4, Portland, OR 97212  
[healinglight.info](http://healinglight.info) YA #29243, OBMT #13099, BCTMB #512195-6, NPI #1124359088

Price List								
Service	Session time in minutes, hours							
	15	30	60	75	90	2 hours	2.5 hours	3 hours
New Client Consultation, Photo ID required	Free	\$25 Client Intake & Treatment Plan						
Track 1			\$170	\$210	\$250	\$340	\$430	\$510
Track 2			\$85	\$105	\$125	\$170	\$215	\$255
Track 3			included					
Group Class			*	*	*	*	*	*

**About Steve Davis and Healing Light Yoga and Massage:** 40+ years of experience teaching Yoga and Supreme Ultimate Fist– T'ai Chi Ch'uan. 9+ years of experience teaching and performing Massage Therapy, ten modalities. **Healing Light Kata** is fusion of Yoga, Supreme Ultimate Fist, and Posture Alignment. **Massage Therapy** is an integration of Swedish, Deep Tissue, Structural Alignment, Zen Shiatsu, Traditional Thai, Chinese including Acupressure, Tui Na, Sports, Medical, Hot Stone, and Ice. [download forms here](#)

**Medical Massage Therapy, by Prescription only.**

*Motor Vehicle Accident PIP claims accepted. Major Medical, Worker's Compensation. Out of Network provider.*

**Medical Massage Therapy:** Any of the following Physician's Current Procedural Terminology (CPT) procedures and/or modalities, which are within this Therapist's scope of practice, training, and/or State, and/or Patient's Insurance Policy regulations, may be used as Therapist deems necessary during any treatment session. Normally four units are allowed per session. One Unit= 15 minutes. Conditions or prescription may require more units.

**Therapist's Procedures and Modalities**

- 97010 Hot/Cold pack Therapy (Hydrotherapy)
- 97140 Manual Therapy Techniques
- 97112 Neuromuscular Reeducation
- 97124 Massage Therapy
- 97110 Passive/Active Stretching
- 97799 Unlisted Physical Medicine Rehab Service or Procedure (By Report)

For Physician's Diagnostic Codes, see [prescription form](#).

**Forms List**

1. Price List, Studio Policy, and Waiver. One document.
2. Client Intake and Record. One document.
3. Physician's Referral and Prescription, for insurance billing. One document.
4. Model Release, optional. One document.

\*Group Class, and Group Workshops. Price depends on the number of participants, and the venue. By quotation.

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### Studio Policy

**Dear Client, please read everything, and sign and date. Thanks!**

1. **For your first appointment**, please bring your photo ID, fill out the client record, intake form, and medical history in full, sign and date where indicated. Complete information is needed for your safety and benefit. Records are private per HIPAA regs. Please read the Price List, Studio Policy and Waiver, Client Intake and Record, Model Release (optional). Bring your Physician's Referral and Prescription if this will be for insurance billing, and your insurance information.
2. **Please be on time**. Everyone's time is important. 24 hours' notice is required to change appointment time, unless you are having an emergency. Missed appointments will be charged at full rate. If you are late for your appointment, we will still have to end the session at the allotted time.

If you need more time during your session, please understand that I will do my best to add more time if the schedule allows, and that you are agreeing to pay me for the extra time. We will discuss it at that time before proceeding.

3. **Contagious diseases/conditions**. If you are ill with a contagious disease, **your session will not be scheduled until your disease/condition has been resolved**. This precaution is necessary to protect everyone from infection. This includes upper respiratory infections, colds, coughs, flu, fever, and any type of infectious skin/nail/hair condition, **including fungus infections**.
4. **Massage Therapy Sessions** are designed for your maximum comfort and to get the best therapeutic results. You will be undressed to the level of your comfort, and professionally draped at all times. We will communicate as needed to follow the best course during each session. It is best to relax and just enjoy the session!
5. **Healing Light Kata** is an integration of Royal Yoga, Supreme Ultimate Fist, and Posture Alignment. **Massage Therapy** is an integration of Swedish, Deep Tissue, Structural Alignment, Zen Shiatsu, Traditional Thai, Chinese including Acupressure, Tui Na, Sports, Medical, Hot Stone, Ice.
6. **Group Yoga Classes and Workshops**. See Class Schedule. You must schedule your place in class in advance. Payment is due in advance or upon arrival. Sign Form: Price List, Studio Policy and Waiver. Please bring your own yoga mat if you require a yoga mat.

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### General Service Policy:

By making an appointment, I agree that I understand that I may receive a yoga and/or massage therapy session for the purpose of maintaining optimal well-being and fitness.

Steve J Davis, is a registered yoga teacher and licensed massage therapist. He does not reject clients based on nationality, sex, sexual preference, age, or any other classification. However he does reserve the right to refuse service to anyone. He does not diagnose illness, disease, or other physical or mental disorders. He does not prescribe medical treatments or drugs.

The following statements are for all appointments: Payment of services rendered is due at the time of the appointment, or in advance. Privacy policy for all personal and medical information. The following statement meets the HIPAA privacy regulation. Steve J Davis will not release any client information to anyone other than the client without written permission from the client.

Please do not eat for at least one hour before your session time. Be sure and drink plenty of pure water before the session. Have some time to relax after the session. Drink plenty of water for the next two days.

For the Yoga (Kata) Session, please have garments to wear that you can move freely in, either tights, or loose-fitting. If you are going to have your posture photos taken, then your clothes should be form-fitting to see the contours of the body. Please bring your own yoga mat.

### Reservation Policy:

Payment is due at the time of reservation. Please be on time. Everyone's time is important. 24 hours' notice is required to change appointment time, unless you are having an emergency. Missed appointments will be charged at full rate. If you are late for your appointment, we will still have to end the session at the allotted time.

### Cancellation policy:

To avoid being charged for missed appointments, I agree to give 24 hour notice of cancellation, barring any emergencies, should I need to cancel or change any future appointments.

### Payment Policy:

Payment is due at the time of reservation or upon arrival. We accept all major credit and debit cards, cash, and check. For *Medical Massage Therapy*, I agree to pay in the unlikely event my insurance company declines payment.

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### Waiver and Release of Liability for

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I hereby release Steve Davis and Healing Light Yoga and Massage for any liability for any claims now and in the future resulting from my participation in sessions, classes, and workshops with Steve Davis and Healing Light Yoga and Massage.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Printed Name \_\_\_\_\_

Yes, I have read the Healing Light Yoga and Massage Price List, Studio Policy, and Waiver, and I agree to abide by it. Thank you!