

Corporate Yoga Program

With Steve J Davis, RYT, LMT, NCTMB

Return on Investment – ROI – in the following ways:

- Employee retention. Happy employees will stay.
- Healthy employees – less time off work due to illness.
- Big returns on productivity – purposed work.
- Ability to focus on work increased dramatically.
- Ability to remember people's names and data improved.
- Abundant strength, stamina, self-actualized.
- Work well in groups, harmonious teamwork.
- Higher Profit: Superior competitive advantage in your field.

Highlights of program:

- Full 8 – limbed path of Raja Yoga is taught, and
- Present Moment course develops superior memory, learning.
- Benefits to body/mind/emotions/spirit are too many to list here.
- Results will be seen immediately.
- Workshops and extended courses are available.
- Your location or mine. Call or write for quotation.

Instructor Steve J Davis, RYT, LMT, NCTMB has 30+ years experience in yoga. CV, references, testimonials available.

Contact info:

Steve J Davis, RYT, LMT, NCTMB

(503) 724-2755

<http://healinglight.info> Email: steve.yoga@yahoo.com

Studio Location.

15353 SW Sequoia Parkway, Portland, OR 97224

Mailing address: PO Box 1221, Lake Oswego, OR 97035
YA#29243, OBMT#13099, NCTMB#32321.